

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY B - Bistro CR - Craft Room DR - Dining Room GF - Ground Floor L - Lounge T - Theatre					9:30 AM HUR Fitness (Gym) 1 10:00 AM Wyandotte County Extension Master Gardener Plant Sale 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L)	1:00 PM Ladies Bible Study (L) 2
10:30 AM Church Services with Reverend Larry Adams (T) 3	9:30 AM Energizing Yoga (GF) 4 11:00 AM Tai Chi Exercise (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 3:00 PM Bingo (L)	Cinco de Mayo 10:00 AM Hallway Exercise (GF) 5 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (B) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM "90 Proof" (L) 6:30 PM Bridge 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 6 9:30 AM Craft Time (CR) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (B) 3:00 PM Bingo (L) 4:00 PM Resident Led Happy Hour (L)	10:00 AM Catholic Mass (T) 7 10:00 AM Hallway Exercise (GF) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:00 PM Mother's Day Flower Bar 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L) 6:30 PM Hand & Foot (L)	9:30 AM HUR Fitness (Gym) 8 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Birthday Mix and Mingle (L)	1:00 PM Ladies Bible Study (L) 9
Mother's Day 10:30 AM Church Services with Reverend Larry Adams (T) 10	9:30 AM Energizing Yoga (GF) 11 10:30 AM Shopping at Trader Joe's 11:00 AM Tai Chi Exercise (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Ladies Tea (L) 3:00 PM Bingo (L)	10:00 AM Hallway Exercise (GF) 12 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 11:00 AM Good Grief Support Group with Michelle from CCH (L) 12:00 PM Ice Cream Social (B) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Wine Tasting w/ Jeff Griffith (L) 6:30 PM Bridge 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 13 9:30 AM Craft Time (CR) 10:00 AM Lakeview Blood Pressure Clinic (L) 10:30 AM Shopping at Oak Park Mall 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (B) 3:00 PM Bingo (L) 4:00 PM Resident Led Happy Hour (L)	10:00 AM Catholic Word and Communion Service (T) 14 10:00 AM Hallway Exercise (GF) 10:45 AM Juliet Luncheon - Viona's 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L) 6:30 PM Hand & Foot (L)	9:30 AM HUR Fitness (Gym) 15 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:00 PM Activities Meeting (L) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L)	1:00 PM Ladies Bible Study (L) 16
10:30 AM Church Services with Reverend Larry Adams (T) 17	9:30 AM Energizing Yoga (GF) 18 10:45 AM Mixed Luncheon - Outback Steakhouse 11:00 AM Tai Chi Exercise (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Town Hall Meeting (DR) 3:00 PM Bingo (L)	10:00 AM Hallway Exercise (GF) 19 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (B) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 20 9:30 AM Craft Time (CR) 10:00 AM Mr. Crim Presentation - 2026 Tulip Gardens (T) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (B) 3:00 PM Bingo (L) 4:00 PM Resident Led Happy Hour (L)	9:30 AM Seamstress (L) 21 10:00 AM Catholic Word and Communion Service (T) 10:00 AM Hallway Exercise (GF) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:00 PM Dining Meeting (B) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L) 6:30 PM Hand & Foot (L)	9:30 AM HUR Fitness (Gym) 22 10:00 AM Parade of Hearts Tour from The Welstone Bus 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L)	1:00 PM Ladies Bible Study (L) 23
10:30 AM Church Services with Reverend Larry Adams (T) 24	Memorial Day 25	Eid al-Adha 10:00 AM Hallway Exercise (GF) 26 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (B) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:00 PM Stories & Strawberry Short Cake, Veterans Event 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 27 9:30 AM Craft Time (CR) 10:00 AM Lakeview Blood Pressure Clinic (L) 10:30 AM Shopping at Hobby Lobby 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (B) 3:00 PM Bingo (L) 4:00 PM Resident Led Happy Hour (L)	10:00 AM Catholic Word and Communion Service (T) 28 10:00 AM Hallway Exercise (GF) 10:45 AM Romeo Luncheon - Ronnies Restaurant 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L) 6:30 PM Hand & Foot (L)	9:30 AM HUR Fitness (Gym) 29 10:30 AM Shopping at HyVee 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L)	1:00 PM Ladies Bible Study (L) 30
10:30 AM Church Services with Reverend Larry Adams (T) 31						

May 2026

